

Ultra K₂

Vitamin K₂, also called menatetrenone or menaquinone-7, supports cardiovascular, bone, and connective tissue health[†]

Introduction

Klaire Labs' Ultra K₂ is a once daily capsule offering 15 mg of vitamin K₂ as menatetrenone supporting cardiovascular, bone, and connective tissue health.[†]

Product features

- Promotes bone mineral density[†]
- Supports normal calcium deposition in the bones[†]
- Promotes bone strength[†]
- Supports vascular flexibility[†]
- Promotes cardiovascular health[†]

Background

Vitamin K was originally identified due to its role in normal blood coagulation. This function derives the origin of its name from the German word, "koagulation." Today, two forms of vitamin K are recognized: K₁, the version responsible for coagulation, and K₂ which supports bone, cardiovascular, and connective tissue health.[†]

How Ultra K₂ works

- **Promotes the benefits of calcium:**[†] Vitamin K₂ plays an important role when it comes to calcium. In fact, it's the ability of this vitamin to activate the calcium-binding properties of proteins that enables calcium to travel to and benefit tissues around the body.[†]
- **Promotes bone density and strength:**[†] Vitamin K₂ is a critical element in the biosynthesis of osteocalcin, a protein hormone found in bone and dentin.[†] Osteoblasts secrete osteocalcin to reinforce and form new bone tissue. Research suggests that vitamin K₂ is not only involved in the bone-building process but, separately, exerts actions that decreases bone resorption (breakdown).[†]
- **Supports cardiovascular health:**[†] The ability of vitamin K₂ to influence the transportation and deposition of calcium around the body is not only important to bone health, but cardiovascular health as well.[†] Arterial patency (openness) is a factor that influences cardiovascular health; supporting vascular freedom from obstruction is associated with cardiovascular health. Research suggests that vitamin K₂ promotes the beneficial placement of calcium in tissues around the body and supports cardiovascular health.[†]

Formula

SUGGESTED USE: 1 capsule daily with food or as directed by a healthcare professional. **Caution:** If you are pregnant, nursing, have a medical condition, or taking prescription drugs, consult your healthcare professional before using this product. Keep out of the reach of children.

Supplement Facts		
Serving Size 1 Capsule		
Amount Per Capsule	% Daily Value	
Vitamin K ₂ (as menatetrenone)	15,000 mcg	12,500%

Other ingredients: Microcrystalline cellulose, vegetarian capsule (hydroxypropyl methylcellulose, water), and silicon dioxide.

CP1092 90 vegetarian capsules

How supplied

120 capsules per bottle.

Storage

Store in a cool, dry place (59°F-85°F) away from direct light.

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[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.