

CoQH™

Provides CoQ₁₀ in a reduced ubiquinol form

Introduction

There are two forms of Coenzyme Q₁₀ (CoQ₁₀), ubiquinone and ubiquinol, which are continually recycled in the body from one form to the other. While both forms are needed for energy production, ubiquinol is the most common form and can be directly utilized by the body. In addition to advancing age, poor diet, illness, and certain medications can impair the body’s ability to produce CoQ₁₀. Klair Labs’ CoQH provides CoQ₁₀ in a reduced ubiquinol form.†

Product features

- **A special antioxidant:** CoQ₁₀ is the only fat-soluble antioxidant created in the human body. CoQ₁₀ inhibits the oxidation of vital molecules such as DNA.† It also recycles and regenerates other antioxidants such as vitamin E and vitamin C.†
- **Key for energy production:** The body requires a constant production of energy to maintain cell and tissue function. A significant amount of energy produced by the body depends on adequate levels of cellular CoQ₁₀. Relatively high concentrations of CoQ₁₀ normally exist in cardiac muscle which is a major reason why CoQ₁₀ is linked to cardiovascular health.†
- **Supports healthy aging:** Tissue levels of CoQ₁₀ steadily decline with age. As levels decline, the ability of cells to maintain adequate energy production and protect from damage diminishes. CoQ₁₀ supplementation is the best way to support optimal levels of this important compound to support healthy aging.†
- **Two dosing sizes:** CoQH is available in 50 and 100 mg of the active form of CoQ₁₀ in softgels.
- **Free of the following common allergens:** milk/casein, eggs, fish, shellfish, tree nuts, peanuts, wheat, gluten, soybeans, and corn. Contains no artificial colors, flavors, or preservatives.

Background

CoQ₁₀ is a unique compound that is essential for health on the cellular and systems level.† Inside every cell, CoQ₁₀ acts as an important cofactor inside the mitochondria, the “engine” of the cell. With the support of CoQ₁₀, the mitochondria create energy to fuel cellular function and health.† In addition, CoQ₁₀ acts as an antioxidant, protecting tissues from free radicals and research has demonstrated the supportive role this compound plays in cardiovascular and neurologic health.†

Formula

SUGGESTED USE: 1 softgel, 1 to 2 times daily with food or as directed by a healthcare professional. **Caution:** If you are pregnant, nursing, have a medical condition, or taking prescription drugs, consult your healthcare professional before using this product. Keep out of the reach of children.

Supplement Facts		
Serving Size 1 Softgel		
Amount Per Softgel	50 mg	100 mg
Ubiquinol [†] (reduced form of coenzyme Q ₁₀)	50 mg*	100 mg*

*Daily Value not established.

Other ingredients: CQH: d-limonene oil, gelatin, glycerin, water, caprylic acid, caramel, capric acid, and alpha-lipoic acid. CQH1: d-limonene oil, gelatin, glycerin, water, caprylic acid, capric acid, caramel, and alpha-lipoic acid.

†KanekaQH™ reduced form of coenzyme Q₁₀. KanekaQH™ is a trademark of Kaneka Corporation.

CQH (50 mg) 60 softgels

CQH1 (100 mg) 60 softgels

How supplied

120 capsules per bottle.

Storage

Store in a cool, dry place (59°F-85°F) away from direct light.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.