



Technical Data Sheet

EQUAZEN[®] VITASPECTRUM[®]

Nutrients, vitamins, and minerals for kids throughout the neurodiverse spectrum†
Supports growing bodies & minds†

Introduction

Developing minds require adequate amounts of key nutrients to support healthy cognition, cognitive function, and nervous system development and function, but nutritional imbalances are commonly observed in many children.† These imbalances may be related to how the nutrients are absorbed and utilized by the body. Food elimination diets and a tendency to be highly selective eaters further narrow dietary sources of essential nutrients.

EQUAZEN[®] VITASPECTRUM[®] is a comprehensive multiple vitamin/mineral supplement providing an excellent source of 20 essential nutrients in the amounts designed to address nutritional imbalances commonly observed in many children.† EQUAZEN[®] VITASPECTRUM[®] provides bioactive forms of choline, folate, B12, and B6 along with naturally sourced carotenes, vitamin E, and D for optimal nutrient absorption and utilization. Iron, copper, and botanical ingredients are excluded.

Product Features

- + Highly versatile unflavored format to mix in liquids, smoothies or soft foods.
- + Made without synthetic colors, sweeteners, added sugar or herbal ingredients.
- + Complies with Gluten-Free/Casein-Free (GF/CF) diets



† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

†Neurodiversity means that no two individuals are alike and that every child falls somewhere on the developing mind spectrum. Picky eating, undereating, and absorption challenges can all cause vitamin and mineral gaps. EQUAZEN[®] VITASPECTRUM[®] helps fill these nutritional gaps.

Mechanisms of Action

Nutrients, Vitamins, and Minerals to Support children throughout the neurodiverse spectrum.‡

EQUAZEN® VITASPECTRUM® helps address challenges related to inadequate nutrient intake, absorption, and utilization by supplying balanced amounts of bioavailable vitamins, minerals, and trace elements in forms that are typically well-tolerated and better absorbed.†

Many children can experience suboptimal levels of key neuro-nutrients. This can be a result of:

- + How nutrients are absorbed and utilized by the body.
- + Food allergies and sensitivities that limit nutrient intake.
- + Picky eaters that narrow the dietary intake of essential nutrients.

Research suggests many children have suboptimal levels of certain vitamins and essential minerals required for healthy neurological functioning including:†

- + Vitamin A
- + Vitamin C
- + Vitamin D
- + Vitamin E
- + Methyl-folate (B9)
- + Cobalamin (B12)
- + Choline
- + Calcium
- + Magnesium
- + Zinc



Daily micronutrient supplementation for many individuals is warranted to support vitamin and mineral levels for healthy neurological functioning.† EQUAZEN® VITASPECTRUM® is scientifically designed to provide easy-to-utilize nutrients to support the nutritional needs of children throughout the neurodiverse spectrum.‡

EQUAZEN® VITASPECTRUM® provides:

Well-utilized nutrient forms: Nutrient “families” provide a wide range of nutrient activity. For example, naturally sourced mixed carotenoids and vitamin E tocopherols provide diverse antioxidant benefits of vitamins A and E. Concentrated citrus bioflavonoids complement vitamin C activity.†

Biologically active forms of folate, B12, and B6: Vitamins B12 and folate work together to support methylation and help maintain normal homocysteine metabolism.† Research suggests many individuals may experience challenges when

it comes to methylation pathways. EQUAZEN® VITASPECTRUM® provides active forms of these vitamins that are ready for use in the body. Vitamin B6 is also included in a bioactive form to support transsulfuration pathways.†

Bioavailable minerals and trace elements: Many common forms of minerals used in supplements are not efficiently absorbed. To address this, EQUAZEN® VITASPECTRUM® contains low molecular weight mineral compounds and other minerals in bioavailable forms to support absorption and utilization by the body.†



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Supplement Facts

Serving Size: 1 Scoop (Approx. 5.2g)
Servings Per Container: 28

Amount Per Scoop	% Daily Value
Vitamin A (as natural carotenes from <i>D. salina</i> , vitamin A acetate)	1650mcg RAE 183%
Vitamin C (as L-ascorbic acid)	300mg 333%
Vitamin D3 (as cholecalciferol)	25mcg 125%
Vitamin E (as alpha-tocopheryl acid succinate, as RRR-alpha-tocopherol)	97mg 647%
Vitamin K2 (as menaquinone-7)	60mcg 50%
Thiamin (as thiamin mononitrate)	25mg 2,083%
Riboflavin	10mg 769%
Niacin (as niacinamide)	10mg NE 63%
Vitamin B6 (as pyridoxal-5'-phosphate)	10mg 588%
Folate (as Metafolin® calcium L-5-methyltetrahydrofolate)	600mcg DFE 150%
Vitamin B12 (as methylcobalamin)	50mcg 2,083%
Biotin (as D-biotin)	300mcg 1,000%

Pantothenic Acid (as calcium D-pantothenate) 50mg	1,000%
Choline (from sunflower lecithin phosphatidylcholine)	75mg 14%
Calcium (as calcium citrate-malate complex) 100mg	8%
Iodine (as potassium iodide)	90mcg 60%
Magnesium (magnesium bisglycinate chelate, magnesium oxide)	100mg 24%
Zinc (as zinc bisglycinate chelate)	10mg 91%
Selenium (as Se-methylseleno-L-cysteine) 100mcg	182%
Manganese (as manganese bisglycinate chelate) ...	2mg 87%
Chromium (as chromium nicotinate glycinate chelate)	50mcg 143%
Molybdenum (as molybdenum aspartate)	100mcg 222%
Potassium (as potassium chloride)	100mg 2%
Trimethylglycine (betaine)	200mg *
Boron (as boron glycinate complex)	2mg *
Vanadium (as bisglycinate oxovanadium) 50mcg	*
Inositol.....	25mg *

Citrus Bioflavonoids Complex (<i>Citrus aurantium</i>) extract standardized to 50% hesperidin	
bioflavonoids	100mg *
Natural Mixed Tocopherols (RRR-beta, RRR-delta, RRR-gamma)	6mg *
Natural Mixed Carotenoids (lutein and zeaxanthin from <i>D. salina</i>)	20mcg *

*Daily Value not established.

OTHER INGREDIENTS: Cellulose gum, natural flavor, citric acid and sodium bicarbonate.

MANUFACTURED BY:

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Made without common allergens | No iron, copper, or herbs | No synthetic colors or sweeteners

QUESTIONS OR COMMENTS? 1-888-303-4665 (M-F 7:30 AM - 4:00 PM PST) www.Equazen.us

DO NOT USE IF SHRINKWRAP IS BROKEN OR MISSING. STORE AT ROOM TEMPERATURE (59°-85°F).

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany

Suggested use:

This highly versatile unflavored powder formula can be mixed in liquids, smoothies, or added to foods. Use 1 scoop daily and mix well. A convenient measuring scoop is provided for accurate measurement.

Made without: milk/casein, eggs, fish, shellfish, tree nuts, peanuts, wheat/ gluten, and sesame.

Other ingredients: Cellulose gum, natural flavor, citric acid, and sodium bicarbonate.

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