

# Marine Fish Oil

Ultra-purified, high-strength omega-3 fatty acids

## Introduction

Klaire Labs' Marine Fish Oil contains concentrated fish oil purified through molecular distillation. Strict adherence to official guidelines for fish oil purity and strength ensures a minimum of 50% total EPA/DHA fatty acid content, allowing higher amounts of omega-3 fatty acids to be taken safely and comfortably.

## Product features

- **Highly purified:** Klaire Labs' Marine Fish Oil is produced using sophisticated purification and extraction procedures to ensure consistent omega-3 content and purity, thus allowing for safe and reliable administration of multiple gram doses of omega-3 fatty acids when needed.
- **Clean formula:** Independent laboratory testing verifies freedom from contaminants such as PCBs, heavy metals, and other pollutants.
- **True elemental EPA/DHA content:** Klaire Labs follows voluntary industry labeling guidelines by reporting actual milligrams (and percent) of EPA/DHA per gram of fish oil. This calculation reflects true "elemental" EPA/DHA content rather than an inflated value based on total omega-3 content only, a common labeling practice that makes comparison of EPA/DHA in fish oil products difficult.
- **Great taste:** Unflavored, yet free of fishy smell or aftertaste.

## Background

Omega-3 EPA and DHA fatty acids found in cold water fish support many physiological processes related to immune function, regulation of inflammation, lipoprotein metabolism, brain function, and mood regulation.<sup>1</sup> While fish oil supplements have gained popularity among consumers and medical professionals, wide differences in product strength and purity raise concerns about safety and reliability. Fish oil obtained primarily from sardines and anchovies, having the highest naturally occurring amounts of EPA/DHA, go through purification and refining processes, including molecular distillation and ultra-filtration to remove contaminants. This processing technology reduces mercury and other heavy metals, cholesterol, PCBs, and other impurities to exceptionally low levels and within stringent, established guidelines for human consumption. The resulting deodorized oil is stable against oxidation and in full compliance with current industry specifications.

## Formula

**SUGGESTED USE:** 1 softgel, 1 to 4 times daily with food or as directed by a healthcare professional. **Caution:** If you are pregnant, nursing, have a medical condition, or taking prescription drugs, consult your healthcare professional before using this product. Keep out of the reach of children.

Supplement Facts			
Serving Size 1 Softgel			
Amount Per Softgel	% Daily Value		
Calories	10		
Calories from Fat	10		
Total Fat	1 g	1%**	
Polyunsaturated Fat	1 g	*	
Vitamin E (as RRR-alpha tocopherol)	3.3 mg	22%	
Marine Fish Oil Concentrate (anchovy, sardine and/or mackerel)	1 g	*	
Supplying the following omega-3 fatty acids:	Compound Weight $\Delta$	FFA Weight $\Delta\Delta$	
Eicosapentaenoic Acid (EPA)	300 mg	270 mg	*
Docosahexaenoic Acid (DHA)	200 mg	180 mg	*

\*Daily Value not established.

Other ingredients: Gelatin, glycerin, and water.

$\Delta$ Amounts reported as weight of the fatty acid compound.

$\Delta\Delta$ Amounts reported as free fatty acid (FFA) equivalents by weight in accordance with GOED Voluntary Monograph.

## MAR 100 softgels

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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## How supplied

120 capsules per bottle.

## Storage

Store in a cool, dry place (59°F-85°F) away from direct light.