

Curcuthera

A bioavailable curcumin extract powered by Phytosome® delivery technology

Product features

- **Effective:** 29x more bioavailable than other curcumin extracts on the market.¹
- **Extensive clinical evidence:** Meriva® has shown its efficacy in both animal and human studies, and over 30 clinical trials.¹²
- **Tolerability:** Human studies show Meriva® is safe to be used for long periods of time to help support healthy inflammation processes.¹³
- **Comprehensive:** Curcuthera contains the most bioactive curcuminoids, and it is formulated with the highest plasmatic levels of demethoxycurcumin (DMC), the most potent curcuminoid.⁴
- **Convenient:** One capsule offers 500 mg of turmeric
- **Purity:** Hypoallergenic, soy-free formula. Vegan friendly.

Clinical applications

- Supports healthy oxidative and inflammatory processes¹⁵⁻⁷
- Supports healthy blood sugar¹⁸
- Supports relief from occasional joint discomfort¹⁹
- Supports a healthy mood¹¹⁰
- Supports healthy cholesterol levels¹¹¹
- Supports occasional exercise-induced inflammation and muscle soreness¹¹²
- Supports relief from occasional anxiety¹¹³

Introduction

Curcuthera is a hypoallergenic, bioavailable curcumin supplement containing Meriva®. The most well studied curcumin extract on the market, Meriva® is 29x more bioavailable than other curcumin extracts. This is due to the patented Phytosome® delivery technology, which encapsulates the active ingredient in naturally-occurring phospholipids to support absorption.^{14,15}

Background

The herb, turmeric, has a long history of use in Indian cooking, as well as in Ayurvedic medicine as a tonifying and healing herb.¹⁶ Current research has revealed that the active ingredient in turmeric, curcumin, supports a healthy inflammatory response in the body and possesses powerful antioxidant activity.¹¹⁷ By encapsulating curcumin into soy-free lecithin, which is an integral part of the lipid membrane in human cells, the body is able to easily absorb and integrate Curcuthera to be utilized throughout the body.¹¹⁸

Mechanisms of action

One of curcumin's most well-researched effects is its ability to inhibit TNF-alpha and decrease the generation of NF-kappa B, a protein that influences the genetic code to produce inflammatory cytokines.¹⁹

Conclusion

Dosing is an important consideration for maximizing the benefits of curcumin. Currently, it is known that doses exceeding 12,000 mg are well tolerated;²⁰ however, doses of 1,000 mg have been studied for their role in supporting healthy inflammation.¹²¹ Curcuthera's patented Phytosome® delivery system allows for maximum absorption and utilization of curcumin to promote a balanced and healthy inflammatory response.[†]

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Formula

SUGGESTED USE: 1 or 2 capsules twice daily with food or as directed by a healthcare professional.

Supplement Facts

Serving Size 1 Capsule

Amount Per Capsule

Turmeric Phytosome† (<i>Curcuma longa</i> extract) (rhizome), with Sunflower Phosphatidylcholine Complex	500 mg*
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*Daily Value not established.

Other ingredients: Microcrystalline cellulose, vegetarian capsule (hydroxypropyl methylcellulose, water), and ascorbyl palmitate.

†Meriva® bioavailable curcumin. Meriva® is a registered trademark of Indena S.p.A., Italy.



CURC 60 capsules

How supplied

60 capsules per bottle.

Storage

Store in a cool, dry place (59°F to 85°F) away from direct light.

References

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